



HOW-TO SCHEDULE OF EVENTS

MAIN LIBRARY

11:00 AM

11:00-11:50 How to Make Music for Children

A parent and child music class for infants, toddlers and preschoolers.

Patricia M. Maertens, Ladybug Music

ACTIVITY ROOM

11:00-11:50 How to Tell a Captivating Story

Learn key components and techniques for storytelling in any setting.

Hanako, Library Staff

CENTRAL COURTYARD

11:00-11:50 How to Do Tai Chi Qigong

Learn gentle exercises that promote flexibility, coordination, balance, and tranquility.

Sally Ashear

COMMUNITY ROOM

11:00-11:50 How to Tweet

Learn about Twitter and how to use it to discover the latest news that matters to you.

Jeff, Library Staff

COMPUTER TRAINING ROOM

11:00-11:50 How to Audition and Break Down a Scene

Learn short cuts and tips to prepare for an acting audition.

Patricia Thomson, Actor

MLK JR. AUDITORIUM

11:00-11:50 How to Make a Rain Garden

Learn how to transform a lackluster lawn into a beautiful, drought-tolerant garden.

Russell Ackerman, City of Santa Monica's Office of Sustainability and the Environment

MULTIPURPOSE ROOM

11:00-11:20 How to Laugh for the Health of It

This unique yoga class utilizes breathing, clapping and creative exercises to encourage laughter. It's easy, fun and is for all ages and fitness levels.

Kim Selbert, Creative Arts Therapist

NORTH ENTRY COURTYARD

11:30 AM

11:30-11:50 How to Laugh for the Health of It

This unique yoga class utilizes breathing, clapping and creative exercises to encourage laughter. It's easy, fun and is for all ages and fitness levels.

Kim Selbert, Creative Arts Therapist

NORTH ENTRY COURTYARD

12:00 PM

12:00-12:50 How to Make Paper Earrings

Learn about earring design from ancient to contemporary times and make a pair of paper earrings.

Eileen F. King, Art Librarian

ACTIVITY ROOM

12:00-12:50 How to Relax, Refresh, and Revive

Learn a simple routine of breath work, light yoga, stretching and meditation. Bring a yoga mat or a towel.

Maria, Library Staff

CENTRAL COURTYARD

12:00-12:50 How to Be Remembered: Job Interview Answers to Set You Apart

Learn how to prep for job interviews, how to provide detailed answers, and the three important questions you should ask at the end of an interview.

Warren Mullisen, Los Angeles County Office of Education (retired)

COMMUNITY ROOM

12:00-12:50 How to Code in HTML

Learn about the different parts of a website and how to create a basic webpage using HTML.

Joe and Bobby, Library Staff

COMPUTER TRAINING ROOM

12:00-12:50 How to Eliminate Clutter

Make your surroundings work for you with simple, easy and practical ideas on how to remove clutter from your life.

Nancy Miller, Clutterologist

MLK JR. AUDITORIUM

12:00-12:50 How to Meditate

Learn to easily take yourself off auto-pilot and cultivate peace of mind.

Ira Israel, Psychotherapist and Mindful Living Expert

MULTIPURPOSE ROOM

12:00-12:50 How to Build a Tree Out of a Book

Learn decorative paper folding and crafting and make a tree out of a used book.

Adina and Susan, Library Staff

NORTH ENTRY COURTYARD

1:00 PM

1:00-1:50 How to Make a Piñata

A layman's tutorial on how to make an awesome piñata.

Honorio, Library Staff

ACTIVITY ROOM

1:00-1:50 How to Self-Care for Emotional, Physical, Mental and Spiritual Wholeness

Come experience a hands-on workshop exploring your emotional and psycho-spiritual needs.

Dr. Sarah Neustadter, Clinical and Transpersonal Psychologist

COMMUNITY ROOM

1:00-1:50 How to Find Free and Open Source Software

Discover free and open source alternatives to popular software programs.

Simran, Library Staff

COMPUTER TRAINING ROOM

1:00-1:50 How to Save \$ with Extreme Couponing

Learn tips and strategies to use coupons and save money.

Nancy Miller, Clutterologist

MLK JR. AUDITORIUM

1:00-1:20 How to Improve Your Posture

Learn how to improve your posture and prevent back and neck pain.

Nora BarZiv, Physical Therapist

MULTIPURPOSE ROOM

1:00-1:50 How to Cook a Vietnamese Meal: Fast Foo's

Learn how to make a delicious Vietnamese meal.

Foo, Library Staff

NORTH ENTRY COURTYARD

1:30 PM

1:30-1:50 How to Improve Your Posture

Learn how to improve your posture and prevent back and neck pain.

Nora BarZiv, Physical Therapist

MULTIPURPOSE ROOM

2:00 PM

2:00-2:50 How to Be a Ninja

Practice simple self-defense techniques designed to be easy for all ages.

Tony Phillips, Martial Arts Assistant Coach

ACTIVITY ROOM

2:00-2:50 How to Write a Play

Learn the process of writing a play including how to move from idea to story, developing plot and character, and analyzing the finished script.

Anna Stramese, Actor and Educator

COMMUNITY ROOM

2:00-2:50 How to Edit Your Photos with Apps

Learn how to find and use free apps to edit and share your photos.

Adina, Library Staff

COMPUTER TRAINING ROOM

2:00-3:20 How to Publish for Free!

Everything you need to know to write and publish your book for free.

Mike Rounds, Author

MLK JR. AUDITORIUM

⚙️ FAMILY-FRIENDLY PROGRAMS

For program locations at the Main Library, please see the library floor plan on the back cover.

2:00-2:20 How to Bring Mindfulness Into Your Life

Learn mindfulness practices for greater well-being.
Natalie Bell, Physical Therapist and Certified Mindfulness Facilitator
MULTIPURPOSE ROOM

2:30 PM

2:30-2:50 How to Bring Mindfulness Into Your Life

Learn mindfulness practices for greater well-being.
Natalie Bell, Physical Therapist and Certified Mindfulness Facilitator
MULTIPURPOSE ROOM

2:30-2:50 How to Hit a Backhand

Step up your tennis game by improving your backhand, grips, strokes, and more.
Margaret, Library Staff
NORTH ENTRY COURTYARD

3:00 PM

3:00-3:50 How to Achieve Running Success

Learn how anyone can achieve running success, and even run a marathon. You were designed to run!
Bill Lockton, Ultramarathoner and Coach
CENTRAL COURTYARD

3:00-3:50 How to Write a Short Story

Participate in a creative and interactive approach to developing your ideas, building a story, and moving it forward.
Anna Stramese, Actor and Educator
COMMUNITY ROOM

3:00-3:50 How to Get Started with Meetup.com

Get tips on how to organize or find local groups in your community who share common interests and goals.
Bobby, Library Staff
COMPUTER TRAINING ROOM

3:00-3:50 Speaking without Sweating: How to Speak in Public Effectively & Comfortably

Learn simple steps on how to talk to an audience, such as choice of subject, research, organization and how to correctly practice your delivery with no memorization.
Vivian Rosenberg, Santa Monica College Communication Instructor
MULTIPURPOSE ROOM

3:00-3:50 How to Dance Salsa

Learn and practice the basic Salsa Step and basic Salsa Shines.
Yessenia Muñoz, Dancer and Choreographer
NORTH ENTRY COURTYARD

3:30 PM

3:30-3:50 How to Talk Like a Pirate: Arrrr You Talking to Me?

Come aboard and learn to navigate the Mango Languages database.
Myleen and Ann, Library Staff
MLK JR. AUDITORIUM

FAIRVIEW BRANCH

12:00 PM

12:00-12:50 How to Dance Latin Rhythms

Learn the basic steps from four Latin styles: merengue, salsa, cha cha cha, and bachata.
Ludis Benitez, Dance Instructor
COMMUNITY ROOM

12:00-1:00 How to Do Backyard Science Experiments

Learn how to conduct simple and educational science experiments with household items.
Eduardo and Veronica, Library Staff
PATIO

1:00 PM

1:00-1:40 How to Find Your Favorite Coffee or Tea

Learn the history of coffee and tea, different ways and mechanisms to brew coffee and some of the latest trends of the "third wave of coffee."
Meegan Hatten and José Carvajal, Owner of Café Bolivar
COMMUNITY ROOM

1:45 PM

1:45-2:15 How to Make Sugar Scrub

Use simple kitchen ingredients to make your own body scrub.
Desirae Aguirre, BareBella
COMMUNITY ROOM

2:00 PM

2:00-2:50 How to Garden in a Mediterranean Climate

Learn how to take care of plants in the California Mediterranean climate in this hands-on organic gardening workshop.
Emi Carvell, Master Gardener
PATIO

MONTANA BRANCH

12:00 PM

12:00-12:50 How to Use An Early Literacy AWE Tablet

Discover AWE early literacy tablets which are preloaded with over 70 educational games designed for children ages 2-8.
Ingha, Library Staff
COMMUNITY ROOM

12:00-12:50 How to Garden with Little Water

Learn how to create an easy-to-install irrigation system and get the best plant productions by watering only twice a month.
Emi Carvell, Master Gardener
PATIO

1:00 PM

1:00-1:50 How to Make a Folded Fan Book

Create a unique, versatile book which opens in different ways and has a multitude of uses.
Debra Disman, Teaching Artist
COMMUNITY ROOM

2:00 PM

2:00-2:50 How to Choose a Good Tea

Learn about the health effects of drinking tea and what it takes to make good tea.
Khemi Hapangama, Hill Country Tea
COMMUNITY ROOM

2:00-2:50 How to Meditate in 8 Minutes

TIME Magazine calls 8 Minute Meditation "the most American form of meditation yet." Learn to meditate with its creator and author Victor Davich.
Victor Davich, Author
PATIO

OCEAN PARK BRANCH

12:00 PM

12:00-12:30 How to Be a Better Writer

Learn the principles of effective writing and how to avoid the biggest impediments to good writing.
Jodi Fodor, MFA
COMMUNITY ROOM

12:30 PM

12:30-1:00 How to Make Deodorant

Make a simple and effective homemade deodorant.
Desirae Aguirre, BareBella
COMMUNITY ROOM

1:00 PM

1:00-2:00 How to Defend Yourself

Learn the basics of self-defense.
Nelson Nio, SHIELD Women's Self Defense
COMMUNITY ROOM

2:00 PM

2:00-3:00 How to Write a Mystery

Learn tips on pacing, character development, red herrings, cliffhangers, and how to surprise your reader.
Diane Vallere, Author and President of the Los Angeles Chapter of Sisters in Crime
COMMUNITY ROOM



PICO BRANCH

12:00 PM

12:00-12:50 How to be Fashionable on a Budget

Learn how the everyday woman can dress chic, look fabulous on a budget, and even make her own beauty products.

Cheryl, Stylist and Chandra, Library Staff

ANNEX-COMMUNITY ROOM

12:00-12:50 How to Bollywood Dance

Learn classical, commercial, and urban styles of Bollywood dance, and develop the confidence and framework needed to explore new dance styles.

Joya Kazi, Joya Kazi Unlimited

OUTSIDE THE LIBRARY

12:30 PM

12:30-1:00 How to Strategize your Fantasy Football Team

Learn the pathway to the Championship – don't let the computer do it for you!

Michael Jackson, Virginia Avenue Park Staff

TEEN CENTER MACLAB

1:00 PM

1:00-1:45 How to Be a Detective

Learn to be a detective by exploring the stacks and using library books to solve a mystery. For children ages 9-11.

Magalis Martinez, Impact Designer and Storyteller, learndoshare.net

ANNEX-COMMUNITY ROOM

1:00-3:00 How to Eat a Rainbow

Learn how to include all colors of the rainbow in your diet, and make a salad with organic ingredients.

Laura Avery, Santa Monica Farmers Market Manager

OUTSIDE THE LIBRARY

1:00-1:30 How to Change a Flat Tire

Where is that jack? Learn the ABC's of changing a car tire.

Virginia Avenue Park Staff

VIRGINIA AVENUE PARK PARKING LOT

1:45 PM

1:45-2:30 How to Be a Detective

Learn to be a detective by exploring the stacks and using library books to solve a mystery. For children ages 9-11.

Magalis Martinez, Impact Designer and Storyteller, learndoshare.net

ANNEX-COMMUNITY ROOM

2:30 PM

2:30-3:30 How to Make Crafty Flowers

Learn how to make flowers using various craft materials.

Connie, Library Staff

ANNEX-COMMUNITY ROOM

